



# WALK TO DUBAI

## 6 WEEK WALKING CHALLENGE

## PARTICIPANT ACTIVITY TRACKER

**JOIN TEAM USA ON THEIR JOURNEY TO DUBAI**  
**GOOD LUCK AND SEE YOU IN 6 WEEKS! IT'S YOUR TURN....**

PARTICIPANT NAME: \_\_\_\_\_ TEAM ID: \_\_\_\_\_

TEAM NAME: \_\_\_\_\_ TEAM CAPTAIN: \_\_\_\_\_

	SUNDAY (STEPS)	MONDAY (STEPS)	TUESDAY (STEPS)	WEDNESDAY (STEPS)	THURSDAY (STEPS)	FRIDAY (STEPS)	SATURDAY (STEPS)	TOTAL (STEPS)
<b>WEEK 1</b> JUNE 5 - JUNE 11								
<b>WEEK 2</b> JUNE 12 - JUNE 18								
<b>WEEK 3</b> JUNE 19 - JUNE 25								
<b>WEEK 4</b> JUNE 26 - JULY 2								
<b>WEEK 5</b> JULY 3 - JULY 9								
<b>WEEK 6</b> JULY 10 - JULY 16								

PRESENTED BY AKHB USA & AKYSB USA

GOAL: 6,500 STEPS PER DAY

RECORD YOUR STEPS ONLINE:  
[TEAMUSA.USISMAILIGAMES.ORG](http://TEAMUSA.USISMAILIGAMES.ORG)

HOUSTON, USA

Mile Marker: 0



BURNABY, CA

Mile Marker: 1,960



TORONTO, CA

Mile Marker: 4,020



LONDON, UK

Mile Marker: 7,570



LISBON, P

Mile Marker: 8,550



DUSHANBE, TJK

Mile Marker: 11,850



DUBAI, UAE

Mile Marker: 13,000



2,000 Steps = 12 Flying Miles. We know its overestimation, but hey we are walking to Dubai!